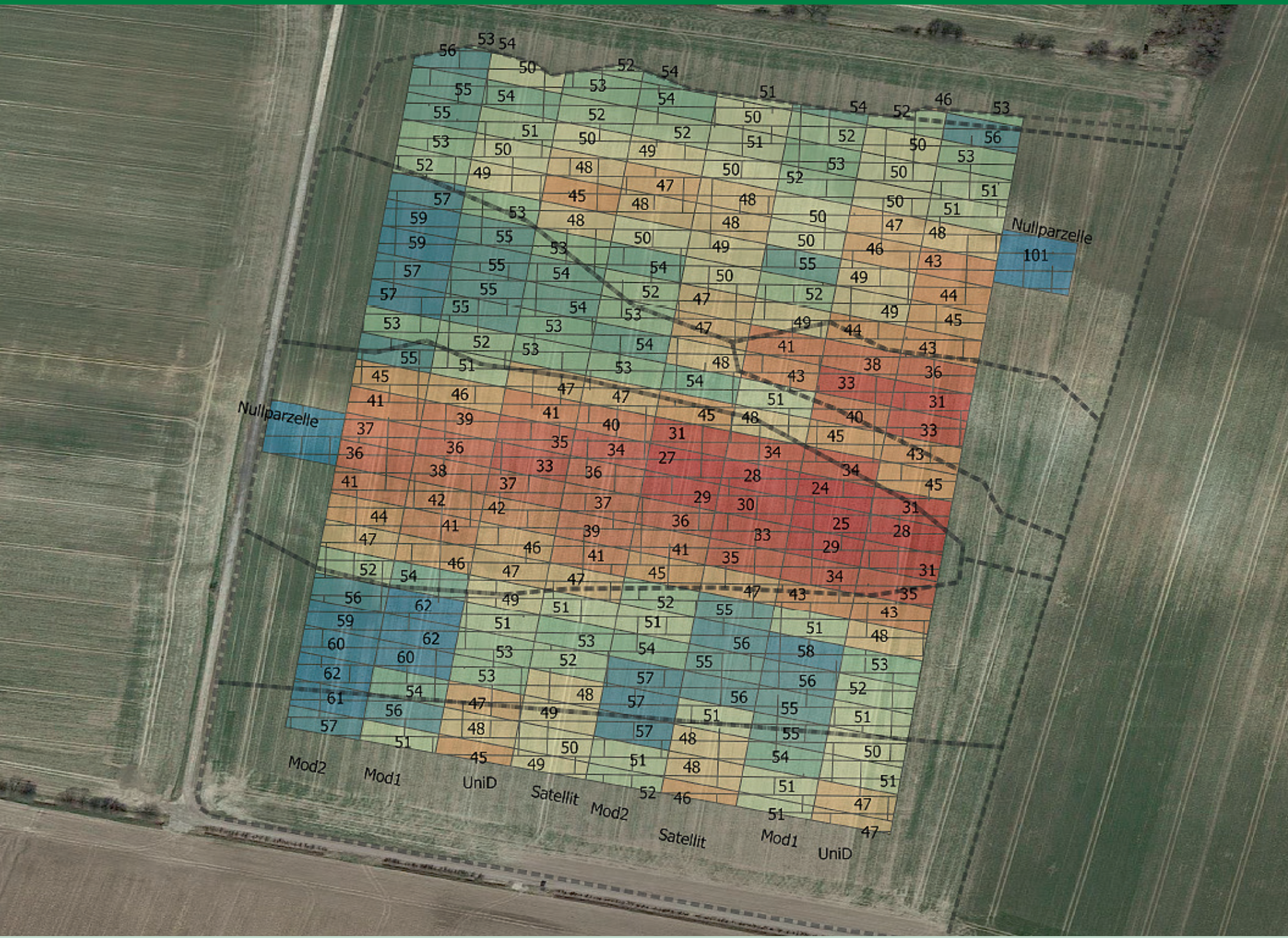3 Stickstoffeffizienz in kg Ertrag pro kg Dünger-N